

SUBSTANCE ABUSE

Alcohol and drug abuse prevention & treatment (adapt) services (Air Force)

Program Objective: The primary objective of the Alcohol and Drug Abuse Prevention and Treatment program is to promote readiness and health and wellness through the prevention and treatment of substance abuse; to minimize the negative consequences of substance abuse to the individual, family, and organization; to provide comprehensive education and treatment to individual who experience problems attributed to substance abuse; return identified substance abusers to unrestricted duty status or to assist them in their transition to civilian life, as appropriate.

Hours of Operations: Monday -Friday 0730-1630

Referrals may come from command, PCM or from the member. Education and treatment services including substance abuse awareness seminar, outpatient therapy, aftercare, intensive outpatient therapy and partial hospitalization are all available.

There are two avenues by which a person can access care:

- Self Referral: Call the clinic at (609) 754-9324 and an ADAPT assessment appointment will be scheduled
- Through the unit commander, squadron section commander, or first sergeant.
Referrals can be initiated as a result of:
 - o DWI/DUI
 - o Medical
 - o Work Related Problems
 - o Positive Urinalysis
 - o Other
- Command can call and speak with one of the ADAPT staff to determine if referral is appropriate
- Complete the ADAPT Assessment Request Form (provided by ADAPT) and a staff member will provide an assessment appointment
- Non-Clinical: Patients not meeting diagnostic criteria for Substance Abuse or Dependence receive an Alcohol Brief Counseling (ABC; a minimum of 2 individual session)
- Clinical: Patients meeting diagnostic criteria for Substance Abuse or Dependence, placement in treatment is based on the following:
 - o Criteria listed in the Diagnostic and Statistical Manual of Mental Disorders (DSM)
 - o American Society of Addiction Medicine (ASAM)

Active Duty Patients are eligible for substance abuse services to include:

- Alcohol Brief Counseling (Approximately up to 4 individual follow-ups focused on alcohol psycho-education and Motivational Interviewing)
- Outpatient Substance Abuse Group Therapy/Counseling (1 day per week)

- Outpatient Substance Abuse Individual Therapy/Counseling (as needed, in addition to Group Therapy/Counseling)
- Access to Outpatient Mental Health Services
- Referral to an Intensive Outpatient Program available (3 days per week – variable length of stay)
- Referral to a Partial Hospitalization Program available (5 days per week - variable length of stay)
- Referral to Inpatient Detoxification available (24 hour medical care - variable length of stay)
- Referral to Inpatient/Residential Substance Abuse Treatment Program available (24 hour Program – up to 4 weeks stay)

Army Substance Abuse Program (ASAP) Services (Army)

Building 5203

Maryland Avenue

Joint Base McGuire-Dix-Lakehurst, N.J.

Phone: (609) 562-4011

Fax: (609) 562-5358

Hours of operation 0730- 1630 Monday through Friday

ASAP Principle

Abuse of alcohol or use of illicit drugs by both military and civilian personnel is inconsistent with Army values, standards of performance, discipline, and the readiness necessary to accomplish the Army's mission.

Guiding Principles AR 600-85 states:

- The Army Substance Abuse Program is a command program that emphasizes readiness and personal responsibility.
- The command role in prevention, biochemical testing, early identification, rehabilitation and administrative or judicial action is essential.
- commanders will ensure that all officials and supervisors support the ASAP.

Army Substance Abuse Program Staff

- Alcohol and Drug Control Officer (ADCO) – The Garrison ASAP manager and the Commander's POC for all substance abuse issues.
- Prevention Coordinator (PC) - Conducts education and prevention efforts on the installation-Unit's main source for education and training materials.
- Drug Testing Coordinator (DTC)-The installation expert on drug testing issues.
- Employee Assistance Program Coordinator (EAPC) – POC for troubled civilian employees to receive counseling and referral services.
- Clinical Social Workers-(masters level providers certified in substance abuse treatment) Provides assessments/treatment
- Referral Sources include: self, command, investigation/apprehension, biochemical, medical

ASAP Services

- Provide prevention education-Unit training, school programs, special events, etc.
- Provide information-Campaigns, posters pamphlets, etc.
- Run the drug testing program.
- Train and certify UPL's
- Civilian Employee Assistance Program
- Screenings for treatment
- Outpatient treatment (will co-ordinate the need for inpatient care when indicated)